## Monday 22nd February - YPAG

### Questions

https://www.rctcbc.gov.uk/EN/Resident/ChildrenandFamilies/LookedAfterChildren/Gettingyourvoicehe ard/HelpgettingyourvoiceheardAdvocacyandComplaints.aspx
What do you think of this kind of layout for older children?

https://www.rctcbc.gov.uk/EN/Resident/ChildrenandFamilies/LookedAfterChildren/Whatdoesthatmean/Whatdoesthatmean.aspx - index before the definitions?

https://www.rctcbc.gov.uk/EN/Resident/ChildrenandFamilies/LookedAfterChildren/Beinglookedafter/MyReview.aspx - review forms for different age brackets 5-11 and 12-17

What kind of information do you wish you had access to at a younger age?

Do these age groups seem appropriate for different guides?:

4-8 9-12 13-15 16+

4-8 – more of a story for them to read?

Who should be listed in the banner? E.g a collaboration from Cardiff Council, Children's services, YPAG & NYAS?

Should our projects look the same as part of one project or are they just similar?

### Feedback/ Notes

Dyslexia friendly (general web accessibility) - ability to personalise colour scheme (like PATS) and font, consistency

Include guides for life skills – cooking, washing etc

A way for children to speak to others who are in or who have been in their situation - Forum (probable issues with safeguarding)/ "buddy up" system, signposting to support groups like bright sparks/nyas/ypag,

General rights including right to choose who goes with them to health appointments, which school they go to etc

Guides for being new to care and guides for young people currently in care

Focus on the fact that they can always talk to family members or social worker but "reality check"/managing expectations that sometimes you can have many social workers – guide them to other aspects of support system.

Guide for mental wellbeing - "big picture" - they're often told what to do but not why, not given a lot of support and information for staying healthy.

Maybe some quotes/videos/audio clips from other people who have been through care about their experience, like "it's ok to feel sad or not speak to your foster family sometimes".

More positive reinforcement, not negative! Solutions rather than finding the flaws.

### 10th March – Tom

#### Questions

Requirements – discussed idea of personal guide with Catherine, using single sign on with Alfie's project. Need a log in or generalized guide?

Discussion board/forum - moderation? Signposting to existing spaces for them to talk to other people in care?

Feedback/Notes

# 10<sup>th</sup> March - mixed group

Look at rhondda cynon taf two sides website - any initial thoughts?

Questions

### Feedback/Notes

No young people attended – asked for thoughts from care professional present in meeting

Alex Bartley – director of care homes in cardiff Maureen Earle – conference chair?

Life journey work – backup of important docs they might destroy meetings with children out of homes – "mainstream" view of what they want rather than idealized idea that adults **think** they want – they want to fit in and not need anything "special"

leaving care pack - paper documents - health section, emotional sexual physical health -

england – kinship care Wales - Special guardian order? care with family members